

Food Storage Solutions Cost Analysis

***Note: Prices accurate at time of study

| Item Description | Source | Cost | Total Servings | Cost Per Serving | Cal/Serving | Total Calories | Cost Per Calorie | Shelf Life/years | Shipping | SAVINGS % |
|--|------------------|----------|----------------|------------------|-------------|----------------|------------------|------------------|----------|-----------|
| Augason Farms Breakfast Emergency Food Supply Bucket | AugasonFarms.com | \$69.99 | 162 | \$0.43 | 124 | 20,120 | \$0.0035 | 20 NOT FREE | | |
| Augason Farms Breakfast Emergency Food Supply Bucket | SamsClub.com | \$34.98 | 162 | \$0.22 | 124 | 20,120 | \$0.0017 | 20 FREE | | 50.02% |
| Augason Farm 1 Week Pantry Pack | AugasonFarms.com | \$71.79 | 82 | \$0.88 | 179 | 14,660 | \$0.0049 | 15 NOT FREE | | |
| Augason Farm 1 Week Pantry Pack | SamsClub.com | \$39.98 | 82 | \$0.49 | 179 | 14,660 | \$0.0027 | 15 FREE | | 44.31% |
| Augason Farm 2 Week Pantry Pack | AugasonFarms.com | \$137.49 | 160 | \$0.86 | 165 | 26,320 | \$0.0052 | 15 9.99 | | |
| Augason Farm 2 Week Pantry Pack | SamsClub.com | \$75.98 | 160 | \$0.47 | 165 | 26,320 | \$0.0029 | 15 7.66 | | 44.74% |
| Augason Farm Freeze Dried Vegetable Variety Pail | AugasonFarms.com | \$149.99 | 109 | \$1.38 | 24 | 2,665 | \$0.0563 | 20 NOT FREE | | |
| Augason Farm Freeze Dried Vegetable Variety Pail | SamsClub.com | \$99.98 | 262 | \$0.38 | 16 | 4,260 | \$0.0235 | 25 FREE | | 72.27% |
| Augason Farms 30 Day Pantry Pack | AugasonFarms.com | \$274.89 | 320 | \$0.86 | 191 | 61,020 | \$0.0045 | 15 FREE | | |
| Augason Farms 30 Day Pantry Pack | SamsClub.com | \$151.98 | 320 | \$0.47 | 191 | 61,020 | \$0.0025 | 15 | 11.79 | 44.71% |
| Augason Farms 42-Pound Pail Rice | AugasonFarms.com | \$150.00 | 405 | \$0.37 | 168 | 68,000 | \$0.0022 | 30 FREE | | |
| Augason Farms 42-Pound Pail Rice | SamsClub.com | \$54.98 | 405 | \$0.14 | 168 | 68,000 | \$0.0008 | 30 FREE | | 63.35% |
| Augason Farms Fruit Pack - #10 cans, 6 pk. | AugasonFarms.com | \$131.79 | 132 | \$1.00 | 108 | 14,300 | \$0.0092 | 30 | 9.99 | |
| Augason Farms Fruit Pack - #10 cans, 6 pk. | SamsClub.com | \$89.98 | 132 | \$0.68 | 108 | 14,300 | \$0.0063 | 30 FREE | | 31.72% |
| Augason Farms Variety Emergency Food Supply Pail | AugasonFarms.com | \$79.99 | 106 | \$0.75 | 185 | 19,660 | \$0.0041 | 20 | 9.99 | |
| Augason Farms Variety Emergency Food Supply Pail | SamsClub.com | \$41.98 | 106 | \$0.40 | 185 | 19,660 | \$0.0021 | 20 FREE | | 47.52% |
| Riceland Extra Long Grain Rice, 25 pound bag | Sam's Club | \$8.34 | 275 | \$0.03 | 735 | 202,125 | \$0.00004 | 30 LOCAL PICKUP | | |